



Informed Consent

Please read this carefully. The increased athletic activity in cheerleading has resulted in an increased concern for safety! Cheerleading involves a variety of gymnastics, partner stunts, pyramids, basket tosses, motions, rotations, rotation stunts, heights, and dance; participation in cheerleading involves a certain amount of danger and risks of personal injury.

In becoming a participant in this program, a cheerleader/cheerleader candidate voluntarily assumes the risks involved by participation in cheerleader clinics, workshops, tryouts, practices, games, and other activity/appearances. Thus I fully understand and am aware of all the risks involved in participation in this athletic activity (cheerleading) and elect to voluntarily participate at my own risk.

If you are under the age of 18, you must have a parent or guardian's signature.

Print Name _____

Signature _____ Date _____