



WEST VIRGINIA

TRACK & FIELD

2015 Outdoor Performance List

!-Personal Best | ^-School Record | p-Prelims | s-Semifinals | t-Tied

100 Meters

Mark	Athlete	Meet (Date)	Place
12.70	Meghan Jean-Bap	UNF Spring Break	36th
13.25	Shamoya McNeil	Ohio Cherry Blossom	4th

100 Meter Hurdles

Mark	Athlete	Meet (Date)	Place
14.85	Meghan Jean-Bap	Ohio Cherry Blossom	4th
15.00	Meghan Jean-Bap	Jesse Owens Classic	20th

200 Meters

Mark	Athlete	Meet (Date)	Place
26.32	Meghan Jean-Bap	UNF Spring Break	46th
26.92	Meghan Jean-Bap	Ohio Cherry Blossom	7th

400 Meters

Mark	Athlete	Meet (Date)	Place
58.13	Christa D'Egidio	Mason Spring Invite	22nd
1:01.52	Marsielle McBeam	UNF Spring Break	30th
1:01.77	Hannah Stone	UNF Spring Break	31st
1:03.03	Shamoya McNeil	UNF Spring Break	35th

800 Meters

Mark	Athlete	Meet (Date)	Place
2:10.25	Brianna Kerekes	Jesse Owens Classic	10th
2:13.83	Millie Paladino	Ohio Cherry Blossom	1st
2:14.20	Kelly Williams	Mason Spring Invite	21st
2:14.35	Brianna Kerekes	Mason Spring Invite	22nd
2:16.74	Christa D'Egidio	Ohio Cherry Blossom	2nd
2:18.97	Christa D'Egidio	Jesse Owens Classic	36th

1,500 Meters

Mark	Athlete	Meet (Date)	Place
4:24.47	Kelly Williams	Virginia Challenge	26th
4:24.61	Kelly Williams	Jesse Owens Classic	7th
4:24.84	Amy Cashin	Jesse Owens Classic	8th
4:26.02	Amy Cashin	Virginia Challenge	34th
4:28.77	Brianna Kerekes	Jesse Owens Classic	14th
4:30.87	Brianna Kerekes	Virginia Challenge	54th
4:34.90	Sydney Scott	Virginia Challenge	67th
4:36.40	Savanna Plombion	Virginia Challenge	72nd
4:38.04	Brynn Harshbarger	Jesse Owens Classic	29th
4:38.51	Maggie Drazba	Jesse Owens Classic	30th
4:45.35	Renee Maisonneuve	Ohio Cherry Blossom	2nd
4:48.74	Rachel Faulds	Ohio Cherry Blossom	3rd
4:59.45	Lydia Martinelli	Jesse Owens Classic	43rd
5:06.17	Lydia Martinelli	Ohio Cherry Blossom	15th

3,000 Meter Steeplechase

Mark	Athlete	Meet (Date)	Place
10:51.10	Renee Maisonneuve	Jesse Owens Classic	2nd
10:59.73	Renee Maisonneuve	Penn Relays	20th

5,000 Meters

Mark	Athlete	Meet (Date)	Place
16:00.27	Katie Gillespie	Stanford Invitational	4th
16:21.43	Maggie Drazba	Stanford Invitational	12th
16:48.96	Savanna Plombon	Penn Relays	11th
16:58.63	Sydney Scott	Stanford Invitational	12th
16:58.64	Savanna Plombon	Stanford Invitational	13th
17:08.12	Brynn Harshbarger	Stanford Invitational	18th
18:30.84	Allie Diehl	Ohio Cherry Blossom	5th
18:31.40	Allie Diehl	Jesse Owens Classic	15th
18:33.13	Allie Diehl	Mason Spring Invite	20th

Triple Jump

Mark	Athlete	Meet (Date)	Place
12.51m	Shamoya McNeil	Virginia Challenge	1st
12.39m	Shamoya McNeil	Mason Spring Invite	2nd
12.38m	Shamoya McNeil	Penn Relays	6th
11.93m	Shamoya McNeil	Ohio Cherry Blossom	1st

High Jump

Mark	Athlete	Meet (Date)	Place
1.70m	Marsi McBeam	Jesse Owens Classic	3rd
1.68m	Marsi McBeam	Virginia Challenge	3rd
1.67m	Marsi McBeam	Ohio Cherry Blossom	1st
1.65m	Marsi McBeam	Mason Spring Invite	3rd
1.60m	Hannah Stone	Mason Spring Invite	6th
1.60m	Marsi McBeam	Penn Relays	29th
1.60m	Hannah Stone	Penn Relays	33th
1.60m	Hannah Stone	Jesse Owens Classic	9th
1.57m	Hannah Stone	Ohio Cherry Blossom	3rd

Pole Vault

Mark	Athlete	Meet (Date)	Place
3.80m	Katlyn Shelar	Penn Relays	6th
3.65m	Tori Bertand	UNF Spring Break	2nd
3.50m	Sara Finrock	UNF Spring Break	5th
3.50m	Tori Bertrand	Jesse Owens Classic	20th
3.37m	Sara Finrock	Virginia Challenge	14th
3.35m	Tori Bertrand	Ohio Cherry Blossom	2nd
3.35m	Sara Finrock	Jesse Owens Classic	26th
3.35m	Sara Finrock	Ohio Cherry Blossom	2nd
3.35m	Sara Finrock	Mason Spring Invite	5th
3.20m	Tori Bertrand	Mason Spring Invite	21st
3.20m	Rebekah Lafata	Mason Spring Invite	25th
3.05m	Rebekah Lafata	Ohio Cherry Blossom	4th
3.05m	Rebekah Lafata	UNF Spring Break	19th

4x800 Relay

Mark	Athlete	Meet (Date)	Place
9:02.81	Williams, Kerekes	UNF Spring Break	1st
	Paladino, Cashin		

Distance Medley Relay

Mark	Athlete	Meet (Date)	Place
11:40.54	Williams, D'Egidio	Penn Relays	1st
	Kerekes, Cashin		



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Top 5 in Program History

100 Meters

1. Stacian Brown.....	11.36.....	1999
2. Kay Iheagwam.....	11.51.....	1995
3. Maxine Dawkins.....	11.54.....	1998
4. Tammy Henderson.....	11.55.....	1983
5. Trinese Summerlin.....	11.61.....	1994

100 Meter Hurdles

1. Chelsea Carrier-Eades.....	12.78.....	2012
2. Pat Itanyi.....	13.20.....	1995
3. Jessica Czaikowski.....	13.27.....	2007
4. Stacian Brown.....	13.29.....	1999
5. Chené Townsend.....	13.38.....	2014

200 Meters

1. Maxine Dawkins.....	23.44.....	1998
2. Tammy Henderson.....	23.54.....	1984
3. Kay Iheagwam.....	23.56.....	1995
Tameca Williams.....	23.56.....	1998
5. Stacian Brown.....	23.61.....	1999

400 Meters

1. April Rotilio.....	52.71.....	2011
2. Tameca Williams.....	52.92.....	1999
3. Holly Workman.....	53.70.....	1987
4. Connie Ellerbe.....	54.10.....	1988
5. Kristy Beans.....	54.35.....	1992

400 Meter Hurdles

1. Tameca Williams.....	52.92.....	1999
2. Holly Workman.....	53.70.....	1987
3. Connie Ellerbe.....	54.10.....	1988
4. Kristy Beans.....	54.35.....	1992
5. Tamara Stoner.....	54.36.....	1995

800 Meters

1. Jennifer Kemp.....	2:05.09.....	2003
2. Keri Bland.....	2:05.63.....	2010
3. Raeleen Hunter.....	2:06.09.....	2007
4. Karly Hamric.....	2:08.02.....	2010
5. Ailene Smith.....	2:08.89.....	2002

1,500 Meters

1. Megan Metcalfe.....	4:12.00.....	2003
2. Karly Hamric.....	4:13.54.....	2010
3. Keri Bland.....	4:14.52.....	2010
4. Jessica O'Connell.....	4:18.31.....	2010
5. Jennifer Kemp.....	4:21.30.....	2005

3,000 Meters

1. Megan Metcalfe.....	9:04.02.....	2004
2. Rebecca Stallwood.....	9:23.45.....	2001
3. Marie-Louise Asselin.....	9:26.09.....	2007
4. Jessica O'Connell.....	9:30.06.....	2012
5. Jennifer Davis.....	9:33.61.....	2005

5,000 Meters

1. Megan Metcalfe.....	15:47.64.....	2005
2. Marie-Louise Asselin.....	15:53.93.....	2010
3. Katie Gillespie.....	16:00.27.....	2015
4. Clara Grandt.....	16:01.18.....	2010
5. Rebecca Stallwood.....	16:12.17.....	2002

10,000 Meters

1. Clara Grandt.....	33:16.96.....	2009
2. Allison Lasnicki.....	33:46.22.....	2014
3. Kate Harrison.....	33:48.64.....	2011
4. Sarah-Anne Brault.....	33:51.14.....	2011
5. Katie Gillespie.....	34:10.60.....	2011

3,000 Meter Steeplechase

1. Sarah Martinelli.....	10:05.27.....	2014
2. Jordan Hamric.....	10:06.47.....	2013
3. Sarah Martinelli.....	10:10.25.....	2014
4. Jennifer Davis.....	10:28.45.....	2005
5. Aubrey Moskal.....	10:30.11.....	2013

Heptathlon

1. Chelsea Carrier.....	5,927.....	2011
2. Pat Itanyi.....	5,647.....	1997
2. Abbie Stechschulte.....	5,609.....	2007
4. Sharon Pfister.....	5,141.....	1986
5. Melinda Case.....	4,523.....	1987

High Jump

1. Alethea Moody.....	1.83m.....	1990
2. Katelyn Williams.....	1.79m.....	2011
3. Sharon Pfister.....	1.78m.....	1986
Sydney Cummings.....	1.78m.....	2013
5. Marsielle McBeam.....	1.76m.....	2014

Long Jump

1. Pat Itanyi.....	6.74m.....	1995
2. Chelsea Carrier.....	6.42m.....	2011
3. Christine Brown.....	6.29m.....	2002
4. Meghan Mock.....	6.17m.....	2011
5. Abbie Stechshulte.....	6.13m.....	2007



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Top 5 in Program History

Triple Jump

1. Stormy Nesbit..... 13.19m 2014
2. Christine Brown..... 12.95m 2002
- 3. Shamoya McNeil..... 12.51m 2015**
4. Tessie Palmer..... 12.45m 1991
5. Natalie Barnes 11.97m 1996

Javelin

1. Jodi Smith..... 47.99m 1984
2. Lindsey Clark..... 43.09m 2006
3. Kristen Snyder 41.82m 1997
4. Pat Itanyi 40.00m 1995

Discus

1. Jodi Smith..... 50.26m 1984
2. Heather Adams 47.32m 2013
3. Karissa Knabenshue..... 42.89m 2012
4. Brittany Fink..... 42.31m 2010
5. Becky Gorby 39.39m 1987

Shot Put

1. Jodi Smith..... 14.22m 1984
2. Karissa Knabenshue..... 13.16m 2013
3. Michelle McGinnis 12.67m 2006
4. Abbie Stechschultz 12.37m 2007
5. Terina Miller 11.80m 2011

Hammer Throw

1. Heather Adams 56.96m 2013
2. Terina Miller 55.25m 2012
3. Michele McGinnis..... 42.51m 2006
4. Alanna Pritts..... 42.24m 2012
5. Brittney Thomas..... 42.10m 2011

Pole Vault

- 1. Katlyn Shelar..... 4.10m 2013**
2. Erin Nett 4.00m 2002
3. Kristin Quackenbush 3.86m 1998
4. Alex Acker 3.85m 2009
5. Erica Graziani 3.83m 1999

4x100 Meter Relay

1. Martina Miller, Tameca Williams, 44.28..... 1999
Zane Francis, Stacian Brown
2. Haneefah Norman, Tameca Williams, 44.65..... 1999
Zane Francis, Stacian Brown
3. Maxine Dawkins, Marlene Dawkins, 44.88..... 1997
Pat Itanyi, Martina Miller
4. Jeanna Johnson, Tameca Williams,..... 45.27 1998
Martina Miller, Maxine Dawkins
5. Maxine Dawkins, Pat Itanyi, 45.43..... 1996
Amanda Valentine, Marlene Dawkins

4x200 Meter Relay

1. Martina Miller, Tameca Williams, 1:34.55 1999
Haneefah Norman, Zane Francis
2. Martina Miller, Maxine Dawkins, 1:35.41..... 1998
Tameca Williams, Jamillah Nock
3. Junique Morris, Jamillah Nock,..... 1:36.37..... 2006
Shani Boone, Jessica Czaikowski
4. Amanda Valentine, Maxine Dawkins, 1:36.40 1996
Jeanna Johnson, Marlene Dawkins.....
5. Amanda Valentine, Pat Itanyi, 1:36.94 1995
Tamara Stoner, Kay Iheagwam

4x400 Meter Relay

1. Jeanna Johnson, Tameca Williams,..... 3:36.58 1998
Martina Miller, Maxine Dawkins
2. Kristy Beans, Connie Ellerbe,..... 3:41.62 1992
Jennifer Schweizer, Tamara Stoner
3. Jenna Barreto, Chelsea Carrier,..... 3:41.68..... 2011
Allison Tyree, April Rotilio
4. Amanda Valentine, Kay Iheagwam, 3:41.74 1995
Tamara Stoner, Halima Sinceno
5. Jeanna Johnson, Marlene Dawkins, 3:42.38 1996
Amanda Valentine, Maxine Dawkins

4x800 Meter Relay

1. Karly Hamric, Keri Bland, 8:47.95..... 2010
Jessica O'Connell, Kaylyn Christopher
2. Merissa Sexsmith, Megan Metcalfe, 8:48.07..... 2003
Jennifer Kemp, Jennifer Davis
3. Jennifer Zawaski, Merissa Sexsmith, 8:49.50 1999
Rebecca Stallwood, Kecia Herod.....
4. Jennifer Kemp, Ailene Smith, 8:51.17 2002
Jennifer Davis, Megan Metcalfe
5. Jennifer Davis, Jennifer Kemp, 8:51.66..... 2002
Megan Metcalfe, Ailene Smith.....

Distance Medley Relay

1. Kaylyn Christopher, Katelyn Williams, 11:19.81 2008
Karly Hamric, Keri Bland
2. Keri Bland, Abbie Stechshulte, 11:24.76 2007
Emma Hunter, Marie-Louise Asselin
3. Jennifer Kemp, Stacian Brown, 11:33.63 2002
Ailene Smith, Megan Metcalfe.....
- 4. Williams, D'Egidio 11:40.54..... 2015**
Kerekes, Cashin..... 2015